



Christian Sexuality Education Lesson Plan
Grade 1-3: Christian Values

	Grade 1	Grade 2	Grade 3
Lesson 2A: My value reflects my identity	Major	Minor	Minor
Lesson 2B: What is sin?	Major	Minor	Major
Lesson 2C: Conscience vs respecting God	Minor	Major	Major

1. Lesson sub-topics

- What we mean by value
- Where do our values come from?
- Values and self-respect
- What is sin
- Conscience & God's love

2. Lesson Objectives

By the end of this lesson, you will be able to:

- Understand meaning of values and self-respect
- Understand what sin means
- Conscience and God's love

3. Servants' resources/references

- Curriculum guidelines.
- Bible.
- Online: Videos / songs
- Upper room Media: [Upper Room Media - Categories](#) "The Fruit Of The Spirit: Kindness" by HG Bishop Youssef
- [Upper Room Media - Categories](#) "how to love God" Fr Theodore Ghaly
- [Upper Room Media - Categories](#) "Life of Holiness" Fr. Moses Ayad

4. Lesson Content and timing

Red: Sub-topic

Green: Open ended question for the students.

Blue: Conclusion

Purple: Verses within the lesson

Reminder the children to listen Attentively.

What does that mean? Attentively means listening with your (Mind, ears and eyes)

A. Review Previous lessons (5 Min.)

Christian identity

I am the child of God

I am the image of God

I am valuable and precious

I'm wonderfully made

I'm a new creation

I'm chosen

I'm GOD's child

GOD's Temple

GOD's masterpiece/workmanship/handiwork

B. Opening / Icebreaker (5 Min.) Different for each grade: Example:

G1: Tell me something about you...your favorite color, favorite show, favorite sport.

G2: If you can imagine heaven, which biblical character would you like to talk to besides our Lord Jesus?

G3: If you can be a part of a miracle, which miracle would you like to be a part of?

C. Present the new information/lesson Outline (40-45 Minutes)

Section I (10-15 Min.):

2A: What are values?

-Values are important and worthwhile.

-They are standards we follow

- They are things we care about

- They guide our behavior, choices and how we act

- Our values should stay constant, and do not change with the situation or how others behave.

Where do values come from?

It comes from God through the Bible, family, the church, early fathers' writings and saints' biographies.

What are examples of Christian values?

- 1. Love God:** We love God and our church so much. **How do we show God that we love Him?** By obeying His commandments. One very important commandment is to obey our parents. Obeying your parents is one way to show God that we love Him. **Can you think of something else that shows God that we love**

Him? Respecting His church. When we attend church, we act in our best behaviour - we stand quietly during the liturgy. We listen and participate in the liturgy. We clean up after ourselves.

- 2. Loving one another:** We need to love one another as God loves us.
- 3. Sharing:** My parents set a rule that when we get a toy, we should share it. Sharing is caring and we love each other and share our toys. We learned this from God - because God God loves us and gives us lots of blessings (our families, our school, our church, our health, our toys, etc.).
- 4. Kindness:** One of my family rules is to wait for each other and have supper together, what does your family do? This is an act of kindness that we do to each other
- 5. Respect:** Always respect others. Know when to say Yes or No. Apologizing when we have wronged someone or hurt someone's feelings.
- 6. Honesty:** The Bible tells us not to lie. We need to be honest: **Like God, pure and holy.** The Bible tells us not to take things that do not belong to us. One of the 10 commandments - do not steal.
- 7. Holiness:** The Bible tells us that our bodies are holy and precious- all parts of our body are precious and holy, including our private parts. Any parts of our body that our bathing suits cover should be considered areas that no one should touch or see. I should feel comfortable with my parents helping give me a bath or shower (until I am old enough to clean my body parts myself). If a doctor needs to examine my body parts, my parents should be there too, so I feel very safe and comfortable. Especially while I am too young to go to the doctor by myself.
- 8. Caring:** I love others and myself. I take care of younger siblings when I can. I also make sure that I take care of myself. I try not to get hurt or hurt others.

Objective → To understand the most important Christian values and where they come from.

2B: What is sin? Sin is anything going against God's commandments. This means doing the opposite of what God wants or asks.

What should we do when we sin (make a mistake)?

When we get sick, we go to a doctor to give us medicine and feel better. When we sin, we repent, confess, apologize, and fix our mistake.

Section II (15 Min.):

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

Section III (15 Min.):

2C: Conscience and God's love

Our conscience tells us when we are right and when we are wrong. Conscience is the inner voice in us that tells us do not do this or that.

- The more we know God, and understand His will in our lives; the clearer our conscience will be. The more we know God, the easier it will be for us to know what is right and wrong.
- God is almighty and powerful. He seeks our friendship and love from all our hearts. We show Him that we love Him, when we pray faithfully and want to talk to Him and spend time with Him. God's love is unlimited and unconditional, we just need to seek Him truthfully.

•Christians' Conscience is led by the Holy Spirit.

•As Christians, we get to know God through the Bible and the church.

Objective → *To understand what fear of God means, the awe and reverences we ought to give "If you love me, keep my commandments" John 14:15*

Verse of the day:

G1: Luke 11:28 "Blessed are those who hear the word of God and keep it."

G2: Deuteronomy 6:5 "You shall love the Lord your God with all your heart, with all your soul, and with all your strength".

G3: John 14:15 "If you love Me, keep My commandments."

(Printable for giveaways):



D. Lesson review and what did you learn in the session? (5 Minutes)

Review

- What does value mean?
- What are examples of Christian values?
- What is sin? What do we do when we make a mistake?

Questions:



E. Prayer:

Heavenly Father,

We thank You for Your love and Salvation. Please help us Lord to behave in a way that is acceptable to You as we are Your children. Please help us behave with kindness, love and respect to You Lord and to one another. Please hear us when we say: Our Father...Amen

5. Practical application of the lesson to SSSs lives

- Scenario 1: A kid in my class told me to sneak on others while they are in the bathroom, what do you guys think? *servants should make sure to explain to kids that this is not appropriate.*
- Scenario 2: I found a toy on the playground. I've always wanted this toy. What should I do?
- Examples: Can you think of some examples of kindness? Donate Christmas gifts, thank my teachers, help my friends when they need help, help my Sunday school teacher to clean up, help my parents.

6. Videos – Relevant for each Grade

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

G1: YouTube: (Christian Values G1) (Section: 2A)

<https://www.youtube.com/watch?v=8YTTZ4xRNjY>

G2: YouTube: (How can you glorify God? (Section: 2A)

<https://www.youtube.com/watch?v=oPYdudyyBiE>

G3: YouTube: (What is sin?) (Section:2B)

<https://www.youtube.com/watch?v=XDPYiytOZqk> (for the servants to elaborate and use the word commandment instead of law)

7. Group Activity

G1: Mealtime manners (brainstorm ideas with the children on their manners during mealtime – and how they reflect our Lord Jesus in their behavior)

- Begin every meal by thanking God for the food.
- Remember to say, “Please” and “Thank you.”
- Sit straight on your chair without rocking it.

- Wait for everyone to be seated and served before you start eating.
- At the beginning of the meal, place your napkin in your lap, and use it to wipe your mouth and hands.
- Put only bite-sized pieces into your mouth. Eat like a bunny, not a wolf. Chew with your mouth closed. Chew quietly. Be careful not to slurp.
- Speak when your mouth is empty. Speak quietly.
- Ask politely for food to be passed instead of reaching across the table.
- Before helping yourself to the last portion of food, ask if anyone else would like it, or would like to share it with you.
- Be kind to others at the table. Do not complain about the food to be respectful of those who prepared the food.
- End every meal by asking to be excused, taking your dishes to the sink and thanking the person who made the meal.
- Thank the Lord for the food after eating.

G2: Game: "I say"

Modify the popular game of Simon Says by replacing the phrase "Simon says" with "I say"

The rules of the game are as follows: The game leader (mom or dad) calls out a simple instruction such as "Touch your toes." If the game leader precedes their instruction with the words "Mom says" or "Dad says," the children playing the game need to complete the action called out by the game leader. If a child has not been listening closely and follows a directive that was not preceded by "Mom says" or "Dad says," they are "out."

Usually, anyone "caught out" in this way has to sit out the remaining rounds of the game until only one child – the winner – is left. However, you may decide to skip this step to ensure that all children remain in the game for each round.

G3: Family respect rules (Brainstorm ideas with the kids on their family respect rules)

1. We speak respectfully about God. We are quiet and attentive during prayer.
2. We knock before entering bedrooms and bathrooms.
3. We ask before we take food from another person's plate.
4. We ask before borrowing someone else's things.
5. We stay quiet when others are on the phone.
6. We do not interrupt when another person is talking.
7. We listen when others speak.
8. We keep a clean house by putting things back where they belong so others can find them and so others don't have to pick up our things.
9. We speak respectfully, even when we are upset with each other.
10. We eat the food prepared for us without complaining.
11. We honour and show respect for others by letting them go ahead of us or giving them the more desirable seat or treat.
12. We take the garbage out when it is full rather than overloading it.
13. If God made it (animals, trees, plants and people), we don't hurt it.

14. We close doors quietly and gently.
15. We don't make fun of others when they are having trouble with something, when they make a mistake, when they get hurt or if they are different.
16. We are quiet when others are sleeping.
17. We take good care of our furniture, clothing, toys, books, home and vehicle.

8. Home Activity with mom/dad

G1:



G2:

Respect BINGO

Can you complete the Respect BINGO? Must provide evidence for each square.

RESPECT				
B	I	N	G	O
Give 5 sincere compliments to others	Create a song or poem about respect	Demonstrate respect to my teacher all week	Your choice	Make a poster to show how to respect the environment
Write 5 ways to show respect to others	Write 5 synonyms for respect	Write a 'recipe' for respect	Didn't interrupt all week	Listened to my teacher all week.
Your choice	Write 3 reasons why being disrespectful is hurtful	Free	Write your own definition about what respect is	Describe how it feels when you aren't shown respect.
Describe how it feels when you are shown respect.	List 3 ways to deal with rudeness	List 4 good manners	List 4 good listening skills	List 3 ways others have respected you
Write about how to disagree respectfully	Use good manners all week	Name 3 ways to show consideration of others	Helped others 3 times this week	Followed the rules all week

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G3:

