



## **Christian Sexuality Education Lesson Plan** **Grade 7-9 /Session 2: Christian Values**

	Grade 4	Grade 5	Grade 6
2A: My values reflect my Identity	<b>Major</b>	Minor	<b>Major</b>
2B: What is sin?	Minor	<b>Major</b>	<b>Major</b>
2C: Christian virtues, morality and law	<b>Major</b>	<b>Major</b>	Minor
2D: Conscience vs respecting God	Minor	<b>Major</b>	Minor
2E: Intrinsic vs extrinsic motivation	Minor	Minor	<b>Major</b>

### **1. Lesson sub-topics**

- Values
- Morals
- Ethics

### **2. Lesson Objectives**

By the end of this lesson, you will be able to:

- Understand the difference between Christian virtues, values, morals and ethics.
- Understand the problem of sin.
- Feel the importance of living in reverence to God.

### **3. Servants' resources/references**

- Curriculum guidelines/ Bible.
- Online: Videos / songs
- Fr Anthony Messeh - Faith In Action Part 1 | Believe In God, But I Don't Fear Him  
([https://www.youtube.com/watch?v=hdt53p1g-nQ&feature=youtu.be&ab\\_channel=mauricecyril](https://www.youtube.com/watch?v=hdt53p1g-nQ&feature=youtu.be&ab_channel=mauricecyril))
- Moralistic Therapeutic Deism  
<https://youtu.be/KmDB000HI1E>

Deism chapter in "The Universe Next Door", a Book for [James W. Sire](#)

#### 4. Lesson Content and timing

**Red: Sub-topic**

**Green: Open ended question for the students.**

**Blue: Conclusion**

**Purple: Verses within the lesson**

##### **A. Review Previous lessons (5 Min.)**

Christian identity – Who am I? Why does it matter? What will it change in me? How to use it?

##### **B. Opening / Icebreaker (5 Min.) Different for each grade: Example:**

In this icebreaker, there is no specific answer to give but rather get the youth to think and engage.

**G7:** Ask this question “What is more important, to be respected or liked?”

**G8:** Ask this question “If you could change just one thing in the world, what would it be?”

**G9:** Ask this question “Where do good ethics come from?”

##### **C. Present the new information/lesson Outline (40-45 Minutes)**

###### **Section I (10-15 Min.):**

###### **2D: God's fear and respect**

The bible teaches us the true meaning of fearing God. “The fear of the Lord is to hate evil; Pride and arrogance and the evil way and the perverse mouth I hate.” (Proverbs 8:13)

King Solomon, the one whom God granted to be the wisest, explained through the Holy Spirit “The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.” (Proverbs 1:7)

God is love and just.

People who chose to live in sin, they chose to lose Heaven.

For example, if you broke the traffic law, you chose to get the consequence for breaking the law.

(Philippians 2:12) “Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;”

The fear of losing the precious life with God.

Now when I do good, is it because:

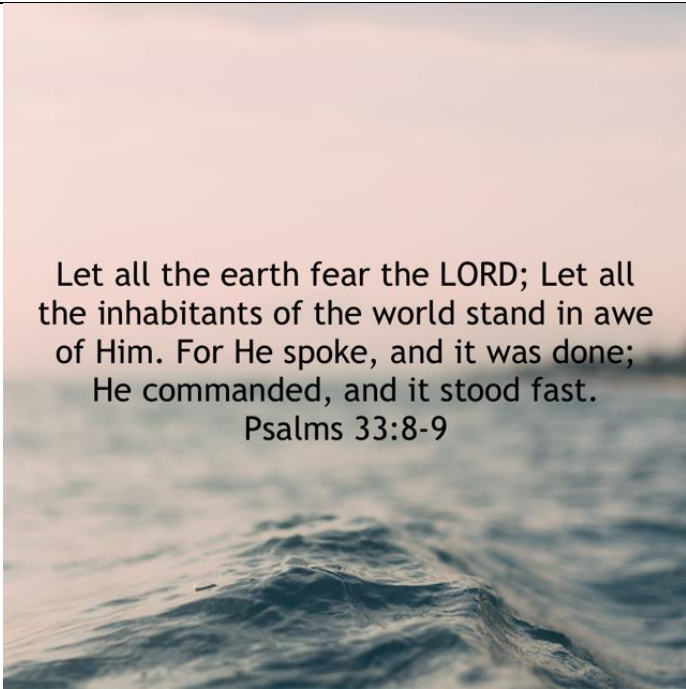
I am afraid of God, and I want to avoid the consequences.

Or

I am afraid of God, I seek His rewards.

Or

I am afraid that I lose the relationship with God and unity with God is my reward



Let all the earth fear the LORD; Let all the inhabitants of the world stand in awe of Him. For He spoke, and it was done; He commanded, and it stood fast.  
Psalms 33:8-9

Objectives → To understand the correct meaning of fearing God and eagerness to go to heaven.

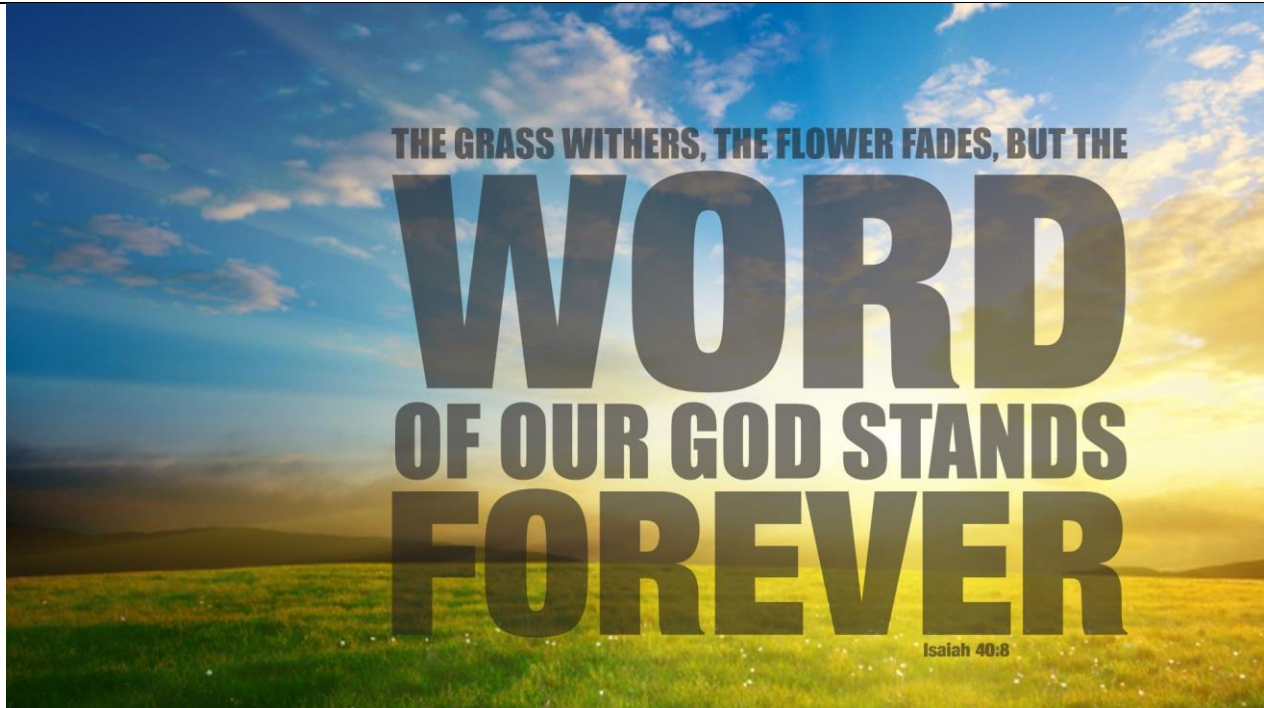
### **Section II (15 Min.):**

Servants can use this section for an activity/video of choice (Please refer to the group activity section or Videos for each grade section).

### **Section III (15 Min.):**

**2A: Christian values** [I am Christian because I follow Christ and He granted me a new nature in Baptism. My values have come from Christ]

- The world's view of morals and values changes by many factors, not constant. However our Christian values come from God's attributes, that are explained in the Bible. They are CONSTANT and do not change with time, generation, or culture.
- Right and wrong is based on God's commands. Since God does not change nor His commands, truth is absolute.
- Some people let go of what they believe in and agree to the relativity of truth! Other people adopt the notion to live by values that are not moral, and they know it!
- As Christians, we believe that God is our standard. Other people who do not believe in God or do not want God in their lives, believe that they are the standard of their own lives. Like in Genesis, Satan through the serpent told Adam and Eve, you will be like God. Those people are acting as if they are gods.
- Church Tradition and Early fathers of the church are a great source of Christian values explanation.
- Our values guide us to:
  - Create boundaries.
  - Make good decisions and choices.
  - Give us a sense of security as we have a reference.
  - Most important of all is to reach unity with God in our daily lives and to be with Him in heaven.



**[The following 2 points are additional, please use as you see fit]**

- Self-respect

To behave with honor and dignity towards your body, mind, and soul.

Why do we respect ourselves? Because we are God's masterpiece!

When I respect God's gift to me; I respect God.

"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's." (1 Corinthians 6:19-20)

Respect my body → Respect my body including those parts of me that relate to my gender. Take care of my body. Set boundaries and respect others' boundaries too. Be respectful in any talk, touch, or joke.

Respect my soul → my feelings, my thoughts. Even as I am going through puberty and getting new sexual desires or romantic thoughts, I respect those and remember God created them in me for a reason when the time is right according to His will and perfect timing and with the person He chooses within the sacrament of marriage.

Respect my spirit → Keep my daily prayer to connect with God. Continuously confess my mistakes to my father.

"that each of you should know how to possess his own vessel in sanctification and honor" (1 Thessalonians 4:4)

- Self-control

In the story of Joseph, why do you think Joseph refused to listen to Potiphar's wife? Think about this young man who was hated by his brothers, probably no hope to return to his father. Wouldn't he feel pity for himself and accept any love offered to him?! What made Joseph's heart so full and not needing such wrongdoing?



## How then could I do such a wicked thing and sin against God?

Self control is not about suppressing your feelings but rather be filled with love for God and let God guide your own will.

Objectives → To understand Christian values and set the value reference to God's commands.

**2E: Intrinsic vs extrinsic motivation** do we follow God willingly or are we told to do so?

Intrinsic motivation involves doing something because it is personally rewarding to you. Extrinsic motivation involves doing something because you want to earn a reward or avoid consequence.

### Why do I follow God?

1. Out of love, God is a father, I am His son by adoption.
2. Not fear of consequence, God is a master and I am a slave. **Servant to explain** why Cain's sacrifice was not acceptable.
3. Not seeking rewards, God is like a vending machine/employee.

Fearing punishment, seeking reward, to enjoy a happy life or because I am told to do so = are all examples of extrinsic influences.

Intrinsic: We are to follow Christian ethics because the intrinsic forces are based on your identity as a child of God and I love God, my Father.

Fearing Punishment? No

Seeking Reward? No

Needing Help? No

Enjoying Happy Life? No

Because I am told so? No

Because God loves me and I love Him? Yes.

Moralistic therapeutic Deism: (moralistic: We should be good, moral people. (Not born-again followers of Jesus Christ – just, you know, “Good people”??) Therapeutic: the goal of this religion is to provide therapeutic benefits to its adherents. Not to worship, adore, and obey the living God. God wants us to feel good about ourselves and have high self-esteem. Deism: God exists and created the world but then kind of just leaves us alone unless we need him to fix a problem or provide us with something.

1. A god exists who created and ordered the world and watches over human life on earth.
2. God wants people to be good, nice, and fair to each other as taught in the Bible and by most world religions.
3. The central goal of life is to be happy and to feel good about oneself.
4. God does not need to be particularly involved in one’s life except when God is needed to resolve a problem.
5. Good people go to heaven when they die.

Objectives → To Understand how our church’s teaching is different from moralistic therapeutic deism.

**G8:**

**2C: Christian virtues, morality, and civil law**

- All cultures recognize values and morals.
- Humans gravitate towards the morals and laws given by God because we are created in His image! When different people follow different religions, a civil law has to be in place to unify country rules.
- Morality (Conscience)
  - Is built as a part of mankind's nature. For Christians, the sense of conscience is usually driven by the grace of the Holy Spirit. Unfortunately, sometimes people choose to shut this voice in them. On the other hand, others abide with the work of the Holy Spirit. A great example of that is Cornelius (Acts 10 1-3).
- **God is the Law Giver.** From the beginning of time, people deviate from that but us as Christians the Bible is our law. What if the civil law contradicts God’s commandments?
  - If the law permits abortion, does it make abortion right for us? Why not?
  - If the law permits Marijuana and alcohol consumption, does it make them right for us. Why?
  - Christian virtues come from following the Truth and love.

Values are defined by my identity as a child of God according to my belief in Christ. Values are the most important principles to me. What is one value that is an important principle to you? My identity is that I am a Child of God and created per His image.

God is LOVE, our values are based on LOVE. What kind of love? God's love = Agape love (sacrificial love). All of the fruits of the Holy spirit; love, kindness, peace, self-control, etc. are based on LOVE.

## Scenario 1

What is morality? Principles concerning the distinction between right and wrong, or good and bad behaviour.

Moral compass: It's an internal compass (the Conscience) that tells you what is the difference between right and wrong. It's what guides you through the values. Unlike the unbelievers, Christians are the temple of God and the Spirit of God dwells in them. Their conscience is guided by the Holy Spirit.

What's the relationship between civil law and morality? Both are used to judge. Civil law is based on the world's view. Morality is based on God's view commandments

Are morals relative or absolute? They are absolute because God does not change, God is the Truth, God is good.

Civil law organizes the life between people regardless of their religion with God's perspective. Sometimes the civil law legalizing laws that are against God's commandments like permitting abortion, cannabis consumption, and even changing the definition of marriage.

We look at good vs evil, right vs wrong, light vs darkness. For example, civil law can state that homosexuality sin is not evil, civil law can also state that abortion is not evil. So, we use morality to help us identify good and evil.

When you know God; you know what is good, and will be able to tell what is wrong.

You know what is evil, because you know what is good. You can not say that there is a crooked line unless you know that there is a straight line

When you live in purity and in light; you would be able to feel how bad darkness is.

What is Ethics: the way people behave based on how their beliefs about what is right and what is wrong influences their behavior.

## Scenario 2

What is morality? Principles concerning the distinction between right and wrong, or good and bad behaviour.

Moral compass: It's an internal compass (the Conscience) that tells you what is the difference between right and wrong. It's what guides you through Christian values. Unlike the unbelievers, Christians are the temple of God and the Spirit of God dwells in them. Their conscience is guided by the Holy Spirit.

What's the relationship between civil law and Christian values?

Civil law is concerned with civil rights. Christian values are concerned with God's commandment, the law of love and humility to everyone.

Are Christian values relative or absolute? They are absolute because they come from God and God does not change, God is the truth and He is unchangeable.

Sometimes the civil law legalizing laws that are against God's commandments like permitting abortion, cannabis consumption, and even changing the definition of marriage.

For example, civil law permits abortion.

When we know God more and fully understand His commandments, it will get easier for us to differentiate good from evil. We will know if a certain action/behavior is according to Christian values.

What is Ethics: the way people behave based on their beliefs about what is right and wrong which influences their behavior. You know what is evil, because you know what is good. You can not say that there is a crooked line unless you know that there is a straight line

Objectives → Have the youth realize that the civil law does not always fulfill God's plan. Our law is God's word, and our reference is the Bible.

#### For discussion

Servants need to put an emphasis that as Christians we follow the constitutions and laws of our country. However when it comes to something like laws that oppose God's commandments, we need to have a wise counseling form on how to react toward this???? (This needs to be clear in the mind of children)

Something being legalized does not mean that we should participate. We definitely follow all the civil laws that protect us and keep the order of the well being of the country.

#### 2B: What is sin?

- Sin is deviation from God's commandments.
- The problem of sin is that it takes us far away from God's path, and God's way is our path. We are God's creation. Our spirits can not rest nor be at perfect peace in anything or anywhere without God.
- God is the life giver; In Him alone we can have eternal life. When we deviate from God's way , we head toward eternal death.
- God is love and when we walk away from God, we walk away from love.
- Losing inner peace and the fruits of the Holy Spirit are consequences of sin and the separation from God.

Objective → To understand the problem of sin and how it leads to eternal death.



## Verse of the day:

**G7:** Psalm 25:5 “Lead me in Your truth and teach me, For You are the God of my salvation; On You I wait all the day.”

**G8:** Galatians 5:22-23 “ But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.”

**G9:** Proverbs 23:26 “My son, give me your heart, And let your eyes observe my ways.”:

(Printable for giveaways):

**G7:**

**G8:**

**G9:**



## D. Lesson review and what did you learn in the session? (5 Minutes)

### Review

- **Values** are defined by my identity. Values are the most important principles to me. What is one value that is an important principle to you? My identity is that I am a Child of God and created as per His image. As God's nature is LOVE, our values are based on LOVE. What kind of love? God's love = Agape love (sacrificial love). All of the fruits of the Holy spirit; love, kindness, peace, self-control, etc. are based on LOVE.
- **Morality** Principles concerning the distinction between right and wrong, or good and bad behaviour.

### Questions:



### **E. Prayer:**

*Heavenly Father,*

*Praise You all mighty, king of kings who made heaven and earth!*

*Teach me how to pray, lead me to You. Show me the way to be closer to You.*

*Please hear us when we say: Our Father...Amen*

### **5. Practical application of the lesson to SSSs lives**

- Values are defined by my identity. As we learned Christians values are my standards to live by.
- As God's nature is LOVE, our values are based on LOVE. What kind of love? God's love = Agape love (sacrificial love). All of the fruits of the Holy spirit; love, kindness, peace, self-control, etc. are based on LOVE.
- Before saying or doing anything ask yourself, is this according to God's will (Christ standards) ? does it break any of these two Matthew 22:37-40 **"You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' This is *the* first and great commandment. And *the* second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the Law and the Prophets"**

### **6. Videos – Relevant for each Grade**

Servant should introduce the video, ask students to listen carefully and set some expectations for a discussion after watching the video.

**G7: YouTube: (Animated Short Film HD " WATCH YOUR FEELINGS ") (Section: 1A)**

[https://www.youtube.com/watch?v=8AGgblQyqR8&ab\\_channel=ahmedelshraby](https://www.youtube.com/watch?v=8AGgblQyqR8&ab_channel=ahmedelshraby)

**G8: YouTube: (The Tale of Two Wolves - A Cherokee Indian Legend) (Section: 1A)**

[https://www.youtube.com/watch?v=VkB0g9OKVK8&ab\\_channel=Marketing360](https://www.youtube.com/watch?v=VkB0g9OKVK8&ab_channel=Marketing360)

Servant should comment with st.paul saying of the internal spiritual battle (Romans 7:21-25)

**G9: YouTube: (An Introduction to Christian Ethics) (Section: 1A)** [https://www.youtube.com/watch?v=fkac-R-C8MA&feature=emb\\_title&ab\\_channel=NHQChristianEducationDepartment](https://www.youtube.com/watch?v=fkac-R-C8MA&feature=emb_title&ab_channel=NHQChristianEducationDepartment)

Servant should comment with an explanation of christian virtues.

## 7. Group Activity

**G7:**

### The Bus Stop

This simple skit needs no advance preparation and can be as long or as short as desired. Place two or three chairs side-by-side to create a "bench" at a bus stop. A person enters and sits down, pretending to wait for the bus. A second person enters and sits next to the first person and tries to get them to leave by making them uncomfortable. They can use whatever method they wish and can talk or use gestures. If the first person leaves, the second person sits alone until the third person enters. This can continue as long as you wish and can be quite hilarious.

source: [https://icebreakerideas.com/skit-ideas/#The\\_Bus\\_Stop](https://icebreakerideas.com/skit-ideas/#The_Bus_Stop)

**G8:**

B	I	N	G	O
GALATIANS 5:22-23	HAPPY INSIDE	FRUIT OF THE SPIRIT	TRUSTWORTHY	PEACE
USE GIFTS PROPERLY	SELF CONTROL	PATIENCE	GOODNESS	BIBLE STUDY
KINDNESS	GENTLENESS	FREE	JESUS	BIBLE
FRUITS ARE GOOD TO HAVE	GOD FORGIVES US	PRAYER	HOLY SPIRIT	ASKING QUESTIONS
GOD	LOVE	FAITHFULNESS	SHARING	JOY

download Bing game from here

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.buzzbuzzbingo.com%2Fgen.php%3FID%3D49322&psig=AOvVaw1FGd-FKedyBIOooYLdahha&ust=1614394730477000&source=images&cd=vfe&ved=0CA0QjhxqFwoTCIDHqJnHhu8CFQA AAAAdAAAAABAI>

**G9:**

## 1 Partner Activity: “Yes, And”

**1 Introduce the activity.** Today we are going to play an improv game known as “Yes, and.” Here’s how it works: Person A is going to start telling a story. Person B accepts what Person A has established and then adds to the situation to move the story forward. Don’t negate what Person A has said. You will go back in forth to create your story together once sentence at a time. Help your partners-- setting them up for success so it’s easy for them to add on to your story. And you practice receiving help, by taking what your partners give you and using it to move the story forward.

**2 Examples.** Here’s an example:

*Person A: What a hot and miserable day to be at school!*

*Person B: Yes, and the teacher said we have to stay inside and finish this test no matter what.*

*Person A: Yes, and isn’t he the meanest teacher you’ve ever had?*

*Person B: Yep, and it’s made me think about leaving and never coming back.*

*Person A: Yes, and then you’d get in trouble and have to sit in the hot detention room.*

*Person B: Yes, and then I’d be even more hot and miserable.*

*Person A: Yes! And after I go to college and make my fortune, I will come back and buy this place some air conditioning!*

Imagine what happens if you play “No, and” instead and deny the other person:

*Person A: What a hot and miserable day to be at school!*

*Person B: Yeah, but I’m not hot and I’m not even at school.*

Neither person has anywhere to go, so the conversation is over.

**3 Find a partner.** Now we will try it! Find a partner and pick a Person A and a Person B. For the first round, Person A will start.

**4 Person A.** Offer the first sentence of your story. Share something you’re struggling with today. Person B, say “Yes, and…” and add a sentence to the story. Keep going back and forth until I say stop. Person A, ready? Go! [After a few minutes, pause the conversation.] What was that like? Did anyone slip up and say “Yeah, but” to their partner instead of a “Yes, and”? What was the “Yeah, but” like?

**5 Person B.** Person B, this time you will start a new story. [After a few minutes, pause the conversation.] What was that like this time? Were there any “Yeah, but” this round? What was the “Yeah, but” like?

**6 Debrief.** What did you learn about The Respect Basic: Get Help from this game? After playing “Yes, and,” we hope to learn how to embrace the ideas and help offered by others. You don’t actually need to say the words “Yes, and” for it to work in everyday life. Simply affirm what the other person is saying and allow yourself to build on it. When it comes to getting help, what do you think is important about “Yes, anding” people instead of “Yeah, butting” them? Who will share?

more games here: [http://therespectinstitute.org/wp-content/uploads/2014/10/92-99\\_Games-cards.pdf](http://therespectinstitute.org/wp-content/uploads/2014/10/92-99_Games-cards.pdf)

### ***8. Home Activity with parents***

**G7:** Ask youth to make a list of things that are permitted by law but they are not according to God's.  
***(Divorce/abortion/smoking weed/same sex marriage).***

**G8:** Ask youth to find 3 stories in the Bible, one that shows "Self-control", one that shows "Selfless love" and another one for "Putting God first"

**G9:** Ask youth to make a list of things they wish to achieve spiritually by the end of the year.